



KAISER PERMANENTE® **thrive**

ALLIANCE FOR A
HEALTHIER
GENERATION



Time to Brainstorm

- What are your burning questions?
- Topics of interest?
- Places you've been stuck before?





Let's Get Started



- Introductions
- Identify with your topic
- Why is this topic important to you?

How Will This Action Impact My School?

- How will it change the wellness climate?
- How many people will it reach?
- What is the strength of this action? Will it cause a behavior and cultural change?



What Do I Need To Make This Possible?



- How feasible is this to achieve (rank 1-5)?
- Who needs to be involved?
- What resources do I need?
- Does this need funding?

How Do I Ensure Sustainability?

- How can I ensure that this takes hold in the short term and lasts beyond the initial implementation?
- What roles can other people play in ensuring success?
- In the same vein as other people can play different roles, what is the strategy for sharing the load?



World Café Recap/Debrief



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Alliance Resources

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- [Staff Interest Survey](#)
- [Staff Fitness Breaks](#)
- [NANA Healthy Meeting Toolkit](#)
- [Monthly Shareable Newsletter](#)



Tap Into Kaiser Permanente Resources

- [Starting a Workforce Health Program](#)
- [Monthly Health Topics](#)
- [School Wellness Champion Toolkit](#)
- [Thriving Schools](#)

