



# Art Club Resources

Art can be a wonderful and cathartic form of expression. Creating, such as drawing, painting, and sculpting, has been proven to positively impact your well-being. Other activities, like coloring, promote relaxation through repetition and shading.

Decide as a group whether you want to explore specific skills, such as painting with acrylics, or jump from medium to medium, such as playing with clay, charcoal, pastels, and watercolors. Then commit to enjoying the experience!

**Remember:** “Don’t think about making art, just get it done. Let everyone else decide if it’s good or bad, whether they love it or hate it. While they are deciding, make even more art.”  
– Andy Warhol

## Resource List

[www.artyfactory.com](http://www.artyfactory.com) – A website with free lesson plans for different art projects (African masks, still life, portraits, animals, and pop art) created by an art teacher from Glasgow, Scotland. Artfactory also offers Art Appreciation materials – information about the different art movements with examples by famous artists. There are also sections just for still life artists, landscape artists, and portrait artists. Explanations of art vocabulary are also available.

[www.theteachersguide.com/Artlessonplans.html](http://www.theteachersguide.com/Artlessonplans.html) – Art lesson plans for sculpting, drawing, painting, mixed media projects, and multicultural art activities.

[www.theartstory.org](http://www.theartstory.org) – A website with information about modern artists, styles and movements. No lesson plans, but lots of information about types of art that could be adapted into an activity. Pages are devoted to different artists, including insight to their themes, styles, and interpretation of their work.

## Video Resources

**Netflix** – Bob Ross episodes are available!

[www.youtube.com/user/ArtistBenSaber](http://www.youtube.com/user/ArtistBenSaber) – Painting various landscapes with acrylics.

[www.youtube.com/user/HoneyBmama/videos](http://www.youtube.com/user/HoneyBmama/videos) – The Art Sherpa walks viewers through paintings with acrylics. She favors bright bold colors and tailors her teaching to beginners.

[www.youtube.com/user/angelaart](http://www.youtube.com/user/angelaart) - Angela Anderson walks viewers through impressionist paintings, floral paintings, and use of bright colors.

## **Video Resources Continued**

[www.youtube.com/user/creativecolour](http://www.youtube.com/user/creativecolour) – Michael Thompson talks viewers through using oil paints in various videos, including his “How to Oil Paint” lessons.

[www.jerrysartarama.com/free-art-instruction-videos/skill-level/beginner](http://www.jerrysartarama.com/free-art-instruction-videos/skill-level/beginner) – More free videos for working with oil paints, watercolor as well as lessons for perspective drawing, cross hatching, color mixing, etc.

[www.youtube.com/user/WeiWorks](http://www.youtube.com/user/WeiWorks) – Lessons on drawing and shading with pencil.