

1. Hydro flask
2. Foam roller
3. Day pack
4. Hiking guide book
5. Reflective vest
6. Healthy cookbook
7. Beanies
8. Hats
9. Gloves
10. Socks
11. Essential oils
12. Natural products
13. Affirmation book, Brene Brown
14. Oil diffuser
15. Herbal neck wrap with lavender and vanilla
16. Fit belt; hold smart phone, ID...water proof
17. Fruit infuser water bottles
18. Cooling towel
19. Mindfulness journal
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