

Healthier Pizza Recipes

Pizza usually has one imagining cheesy goodness with a variety of your favorite toppings. Though going out for pizza, or ordering in, is ok sometimes, making your own pizza can be equally delicious!

The recipes below include a variety of ways to make pizza at home with healthy alternatives. (You don't have to make crust out of cauliflower for pizza to be healthy, although that is one option.) These recipes can also be altered to fit your tastes and dietary preferences. The list includes recipes that are gluten free or vegan, some are both.

Pizza crust can be made from sweet potato, cauliflower or zucchinis. If you'd rather buy the crust, you can use whole wheat pita bread, naan bread or whole wheat crust instead of regular dough. (The rainbow pizza pictured is made with cauliflower crust.)



If pizza night is part of your family routine, little chefs can help spread the sauce and add the toppings. If you want to meal prep personal sized pizzas for lunch, topping naan or pita bread with different flavor combos can give you some variety throughout the week.

Sweet Potato Crust Pizzas: If cauliflower crusts is a bit of stretch for you, try sweet potato!

[3 Ingredient Sweet Potato Crust](#) – Pinch of Yum

[Paleo Sweet Potato Pizza Crust Recipe](#) – Sunkissed Kitchen

[Sweet Potato Pizza with Kale and Caramelized Onions](#) – Oh My Veggies

[Artichoke, Basil and Cherry Tomato Sweet Potato Crust Pizza](#) – Blissful Basil

Cauliflower Crust Pizzas: Sweet potatoes don't have to be made into fries to be tasty

[Rainbow Cauliflower Crust Pizza](#) – Gimme Delicious

[Make It Your Own Cauliflower Crust Pizza](#) – Stephanie Sain

Zucchini Crust Pizzas:

[Zucchini Crust Pizza](#) – Kirbie’s Cravings

[Breakfast Pizza](#) – A Saucy Kitchen

Other Crust Pizzas: This list includes traditional crusts; if you need an alternative crust, use one of those instead!

[Incredible Squash Crust Pizza](#) – Whole Hearted Eats

[Chickpea Pizza with Herb Pesto](#) – Vie de la Vegan

[Lentil Pizza Crust](#) – Vie de la Vegan

[Pumpkin and Quinoa Pizza Crust](#) – Healthier Steps

[Eggplant Pizza Bites](#) – Primavera Kitchen

[Blackberry Flatbread Pizza](#) – A Saucy Kitchen

[Green Pizza with Pesto, Feta, Artichokes and Broccoli](#) – Hello Little Home

[Caramelized Pear and Gorgonzola Flat Bread Pizza](#) – The 36th Avenue

[Spinach Mushroom Naan Pizza](#) – Jar of Lemons

[Lemon Roasted Broccoli Whole Wheat Pizza](#) – Half Baked Harvest

[Super Green Kale Pesto Pizza](#) – A Saucy Kitchen

[Artichoke, Tomato and Spinach Flat Bread Pizza](#) – Little Broken

[Summer Squash Pizza with Ricotta and Basil](#) – Baking Steel

[Zucchini Pizza](#) – Alexandra Cooks

[Nectarine Pizza with Fresh Basil](#) – Alexandra Cooks

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