

## Healthier Nacho Ideas

“Healthy nachos” may sound like an impossibility, but putting a healthy twist on regular nachos is possible!

Tip: Subbing Greek yogurt or guacamole for sour cream can make your meal even healthier. Also, adding more vegetables or swapping out the types of cheese used can make your nachos healthier, too.

**Chip-Free Recipes:** These clever cooks use vegetables in place of chips.

[Cauliflower Nachos](#) – All Roads Lead to Healthy

[Cauliflower Tot Nachos](#) – Kirbie Cravings

[Best Ever Vegan Sweet Potato Nachos](#) – Nutritional Foodie (pictured)

[Sweet Potato and Black Bean Nachos with Green Chile Salsa](#) – Half Baked Harvest

[Baked Sweet Potato Nachos with Avocado Cilantro Cream](#) – A Mind “Full” Mom

[Bell Pepper Nachos with Chicken](#) – Hungry Chick

[Grilled Zucchini Nachos](#) – Closet Cooking

**With Chips:** Traditional nachos with healthy twists.

[Breakfast Nachos](#) – Amuse Your Bouche

[Healthy Chicken Nachos](#) – A Healthy Life for Me

[Black Bean Turkey Nachos with Jalapeno Yogurt](#) – Half Baked Harvest

[Loaded Greek Goddess Pita Chip Nachos](#) – Half Baked Harvest

[Fresh Greek Nachos with Herbed Tahini Sauce](#) – Making Thyme for Health

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