TED Talk Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Ted Talk Team Discussions**

1) After viewing the TED Talk, use this note-taking guide to record your responses, ideas, questions and next steps.

2) Start a team or group discussion based on your thoughts and ideas.

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| **What are the key points that stood out for you?** **Your group? Why is this important?** | **How will these ideas inform your** **School Employee Wellness program?** |
| **What are 2 immediate things you and your team** **can do to put these ideas in action?** | **What do your colleagues need to know and how will you engage them with these learnings to support your recommended actions?** |