APRIL 16 2024

NORTHEAST OREGON REGIONAL CONVENING

Building local connections to prioritize workplace well-being for public education employees

> Wildhorse Resort & Casino, Pendleton

April 16 | 8:30 a.m. - 3:00 p.m.

Hosted in partnership by













Regional Convening FAQs

What is a regional convening?

OEA Choice Trust believes in creating cultures of belonging and well-being for all Oregon education employees. Each region of our state experiences specific challenges and brings unique strengths to this work. By gathering educators in specific regions, we hope to create connections, explore resources, and work together to change the culture of well-being for education employees.

Why Pendleton?

We selected Pendleton for this event as the headquarters of our wonderful collaborators at the Oregon Trail REN and InterMountain ESD. We are excited to work in the Northeast Oregon region to expand access to our well-being resources and to continue to support all public education employees who reside there.

Who is invited?

We are hoping that any public education employee in Northeast Oregon will feel welcome to attend this convening - every education employee is important in creating cultures of belonging and well-being. We would love to have leaders and wellness champions there who represent counties and school districts across the region.

What's on the agenda?

In addition to experiencing the benefits of coping humor, quick mind-body exercises, and the brain science underlying well-being from our featured and keynote facilitators, attendees will:

- Meet local well-being providers
- Gain ideas from peers and resources based on the results from the regional employee survey
- Build local connections and relationships
- Feel inspired and cared for





There will be an optional free tour of the Tamástslikt Cultural Institute from 3:30-4:30 p.m.!

How much does registration cost?

Registration is free, as well as all materials and meals (breakfast, lunch, and a late-afternoon snack) provided at the event! Hotel costs will also be reimbursed for those traveling over 100 miles (one way) to attend and we also cover the costs for substitutes.



Register by Wednesday, April 3 to secure your spot!

To access the event registration form, scan the QR code with your phone camera or click this <u>link to register</u>.